



VITAE[®]
International

Nature, science and innovation



ReConnect®

15 or 30 tablets



What is ReConnect®?

Food supplement based on NADH (CO-E1), Coenzyme Q10, Serine and Vitamin C. **Helps to maintain the normal functioning of the nervous system, provides stress management and helps to improve cognitive and mental performance.**



Benefits

- Unique formula. Patented and developed by the University of Barcelona
- Synergy among its components
- NADH, Coenzyme Q10 and Vitamin C are powerful antioxidants
- NADH and Coenzyme Q10 foster production of cellular energy
- NADH helps to improve neurotransmitters synthesis
- Serine helps to improve liberation of acetylcholine and dopamine neurotransmitters
- Clinically and biologically tested



Recommended to

- Help in preventing memory loss caused by aging
- Help people who require high intellectual activity
- Contributes to the metabolic resources that help to regulate stress
- Help to improve physical and mental performance
- Help to improve tiredness and fatigue



Directions

1 or 2 tablets 30 minutes before meals.
It is recommended to swallow the whole tablet with plenty of water.

ReConnect®

VITAE®

Ingredients

NADH disodium (nicotinamide adenin dinucleotide), coenzyme Q10 (ubiquinone), sodium ascorbate, serine, microcrystalline cellulose, acrylic resin, starch, sodium croscarmellose, talc, maltodextrin, sodium hydroxide, yellow iron oxide, Vivacoat®, magnesium stearate.

Nutritional analysis

Per daily intake	(1 tablet)	(2 tablets)
Coenzyme Q10 (ubiquinone)	50 mg	100 mg
Vitamin C* (sodium ascorbate)	40 mg (*)	80 mg (**)
Serine	20 mg	40 mg
NADH disodium	5 mg	10 mg

(*) 50% NRV (Nutrient Reference Value)

(**) 100% NRV (Nutrient Reference Value)

Nutritional information	(Per 100 g)	(1 tablet)	(2 tablets)
Energy	1577 kJ (373 Kcal)	13,7 kJ (3,24 Kcal)	27,4 kJ (6,48 Kcal)
Fat	5,08 g	0,04 g	0,08 g
Saturates	4,97 g	0,04 g	0,08 g
Carbohydrate	79,13 g	0,7 g	1,4 g
Sugars	< 0,20 g	< 0,002 g	< 0,004 g
Protein	2,6 g	0,02 g	0,04 g
Salt	2,1 g	0,018 g	0,036 g

Remarks

Free from sugar, sodium, yeast, artificial flavors and gluten.
Suitable for vegetarians.

Additional information

Reconnect® is a food supplement based on:

Coenzyme Q10 (ubiquinone): coenzyme that helps the energy production taken from food and participates in antioxidant reactions, helping to maintain the mental activity.

Sodium Ascorbate (Vitamin C): water soluble vitamin with a high antioxidant capacity.

Serine: Is a non-essential amino acid from which it is possible to make the synthesis of other amino acids, like glycine, cysteine and tryptophan. Tryptophan is the responsible of serotonin synthesis, a substance that helps control the mood of a person. It has a cerebral protective effect, because it takes part in the structure of cells' cover, in the nervous connections and in the neurons of our nervous system and its functioning.

NADH (Coenzyme E1): NADH is a molecule present in the metabolism of all living cells. NADH helps to improve cellular metabolism optimizing the functioning of the main enzymes of the body. It acts as the mediator of energetic metabolism (each NADH molecule helps to raise 3 ATP molecules), in the synthesis of neurotransmitters and in the activation of the antioxidant enzymes. It has a powerful antioxidant action and also helps to reactivate other antioxidant substances, as vitamin C, acting synergistically.

ReConnect® IS A FOOD SUPPLEMENT. KEEP OUT OF CHILDREN'S REACH. DO NOT EXCEED THE STATED DOSE. FOOD SUPPLEMENT SHOULD NOT BE USED AS A SUBSTITUTE FOR A BALANCED DIET. IT IS IMPORTANT TO HAVE A VARIED AND BALANCED DIET AND A HEALTHY LIFESTYLE. BEFORE STARTING THE CONSUMPTION, CONSULT WITH YOUR DOCTOR OR HEALTH CARE PRACTITIONER IN CASE OF PREGNANCY, IF TAKING MEDICINE OR IF SUFFERING FROM A DISEASE.

INFORMATION FOR USE EXCLUSIVELY BY PROFESSIONALS.

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Vitae Natural Nutrition

C/ Verneda del Congost, 5 - Polígon Industrial El Circuit - 08160 Montmeló - Barcelona

Customer service: info@vitaeinternational.com – www.vitaeinternational.com



CalmTu[®]

30 or 60 capsules



What is CalmTu[®]?

Food supplement based on Valerian, Passion flower and Eschscholtzia.

Helps to promote relaxation and maintain normal sleep quality.



Benefits

- Superior calming effect due to the balanced combination of its components
- Contributes to reducing digestive discomfort associated with muscle and nervous tension
- Standardized extracts which ensure appropriate, consistent and uniform amount of active ingredients which provide insight into the percentage of the active reference containing the extract
- Does not produce dependence or tolerance



Recommended to

- Contribute to calm nervousness and anxiety
- Promote to get to sleep
- Help to relax musculature



Directions

1 capsule 3 times daily, recommended to take 30 minutes before meals.

Ingredients

Bulking agent (cellulose microcrystalline), antiplatelet (phosphate calcium), capsule (hydroxypropylmethylcellulose), Californian poppy (*Eschscholtzia californica*) dry extract, Valerian (*Valeriana officinalis*) dry extract, Passion flower (*Passiflora incarnata*) dry extract, anti-caking agent (magnesium stearate).

Remarks

Avoid during pregnancy, keep out of reach of children .

It might foster sedatives and increase effect of monoamino oxidasa (MAO).

Do not take along with sedative medications. Free of: preservatives, sugar, sodium, yeast, artificial flavors or colourings, gluten and lactose. Suitable for vegetarians.

CalmTu[®]

VITAE[®]

Nutritional analysis		Nutritional Information	(Per 100 g)	(3 capsules)
Daily intake	(Per 3 capsules)			
Valerian (extract, 0.20% valerianic acid)	120 mg	Calories 320 Kcal	(1358 KJ)	4,85 Kcal
Passion flower (extract, 2% flavonoids)	90 mg	Fat	0,87 g	0,013 g
Eschscholzia (extract, 0.2% protopina)	150mg	of which saturated	0,81 g	0,01 g
		Carbohydrates	76,68 g	1,16 g
		of which sugars	<0,20 g	<0,003 g
		Protein	1,31 g	0,02 g
		Salt	0,62 g	0,009 g

Additional information

The synergistic action of the three plants makes the final product more powerful than if we take each plant individually, producing a more beneficial and durable effect over time.

Mechanism of action of its components:

- **Valerian (*Valeriana officinalis*):** Is one of the most commonly plant used to help to maintain balance in nervous and anxiety states and in sleep disorders. It also presents antispasmodic activity helping to relax smooth muscle.
- **Passion flower (*Passiflora incarnata*):** Presents a sedative action, which helps to slightly reduce blood pressure and heart rate. It is traditionally used as an aid in the treatment of neuralgia, migraine, insomnia and nervous tension.
- **Californian poppy (*Eschscholzia californica*):** Its principal active ingredients are alkaloids, which help to sleep calmly. It also helps to reduce blood pressure.

Notes

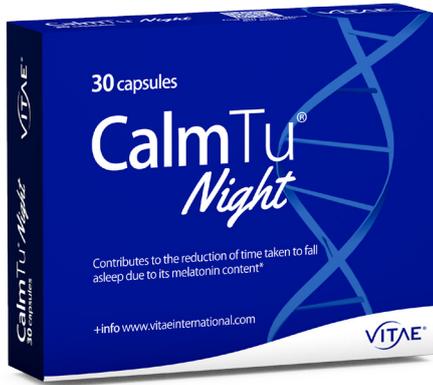
CalmTu® IS A FOOD SUPPLEMENT. KEEP OUT OF CHILDREN'S REACH. DO NOT EXCEED THE STATED DOSE. FOOD SUPPLEMENT SHOULD NOT BE USED AS A SUBSTITUTE FOR A BALANCED DIET. IT IS IMPORTANT TO HAVE A VARIED AND BALANCED DIET AND A HEALTHY LIFESTYLE. BEFORE STARTING THE CONSUMPTION, CONSULT WITH YOUR DOCTOR OR HEALTH CARE PRACTITIONER IN CASE OF PREGNANCY, IF TAKING MEDICINE OR IF SUFFERING FROM A DISEASE.

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CalmTu[®] Night

15 or 30 capsules



What is CalmTu[®] Night?

Food supplement based on Valerian, Passion flower, Escholtzia, Melissa, Magnesium and Melatonin.

Helps to promote calming effects which favor the induction of sleep, avoid awakenings at night and provides good sleep quality.



Benefits

- Superior calming effect due to the balanced combination of its components
- Contributes to reducing digestive discomfort associated with muscle and nervous tension
- Standardized extracts which ensure appropriate, consistent and uniform amount of active ingredients which provide insight into the percentage of the active reference containing the extract
- Does not produce dependence or tolerance



Recommended for:

- States of anxiety and stress
- Mood disorder, depression
- Avoiding nighttime awakenings and early awakenings
- Inducing Sleep
- Improving sleep and its duration
- Regulating the sleep-wake cycle
- Jet-lag syndrome



Directions

Take 1 capsule 30 minutes before going to sleep.

Ingredients

Bulking agent (microcrystalline cellulose), magnesium citrate, capsule (hydroxypropyl methylcellulose and titanium dioxide), anti-caking agent (calcium phosphate), Passionflower dry extract (*Passiflora incarnata*), valerian dry extract (*Valeriana officinalis*) California poppy dry extract (*Eschscholtzia californica*), Lemon balm dry extract (*Melissa officinalis*), anti-caking agent (magnesium stearate), melatonin.

CalmTu[®] Night

VITAE[®]

Remarks

Do not administer to pregnant women, infants or children.
Free of gluten and lactose.

Nutritional analysis		Nutritional Information		
Daily intake	(1 capsule)	(Per 100 g)	(1 capsule)	
Valerian (extract, 0.20% valerianic acid)	15 mg	Energy value	kJ 987.42 (236.00 Kcal) 5.4 kJ (1.3 Kcal)	
Passion flower (extract, 2% flavonoids)	30 mg	Fat	0,70 g 4 mg	
Eschscholzia (extract, 0.2% protopina)	15 mg	of which saturated	0,70 g 4 mg	
Melissa (extract, 2.5% aq. Rosmarinic)	12 mg	Carbohydrates	34,70 g 0,19 g	
Melatonin	1 mg	of which sugars	1,60 g 8.7 mg	
		Protein	1,60 g 8.7 mg	
		Salt	50.50 mg 0.27 mg	

Additional information

The synergistic action of the three plants makes the final product more powerful than if we take each plant individually, producing a more beneficial and durable effect over time.

Mechanism of action of its components:

- **Valerian (*Valeriana officinalis*):** Is one of the most commonly plant used to help to maintain balance in nervous and anxiety states and in sleep disorders. It also presents antispasmodic activity helping to relax smooth muscle.
- **Passion flower (*Passiflora incarnata*):** Presents a sedative action, which helps to slightly reduce blood pressure and heart rate.
It is traditionally used as an aid in the treatment of neuralgia, migraine, insomnia and nervous tension.
- **Californian poppy (*Eschscholzia californica*):** Its principal active ingredients are alkaloids, which help to sleep calmly. It also helps to reduce blood pressure.
- **Melissa (*Melissa officinalis*):** Treatment for 15 days with Melissa, decreases the main symptoms of anxiety and sleep disorders.
- **Melatonin:** Helps with the sleep-wake regulation cycle, induction and improvement of sleep, improved jet-lag syndrome, improved state of mind disorders.

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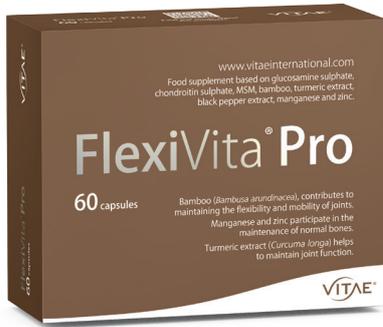
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Vitae Natural Nutrition UK LTD

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FlexiVita® Pro

30 or 60 capsules



What is FlexiVita Pro®?

Nutritional supplement based on glucosamine sulfate, chondroitin sulfate, MSM, bamboo, turmeric, black pepper extract, manganese and zinc.

Helps to generate joints' wellness and cartilage's re-mineralization.



Benefits

- Anti-inflammatory
- Analgesic
- Regenerating



Recommended to

- Prevent joint and bone diseases
- Recuperate cartilage and bone mass
- Reduce pain and inflammation
- Maintain joint health when practicing sport



Directions

Take 2 capsules daily

Ingredients

Glucosamine potassium sulfate, methylsulfonylmethane, **chondroitin sulfate**, dry extract of turmeric (*Curcuma longa*), microcrystalline cellulose, calcium phosphate, tabashir bamboo (*Bambusa arundinacea stem*), zinc citrate, manganese gluconate, magnesium stearate, dry extract of black pepper (*Piper nigrum*). Capsule: hydroxypropyl methylcellulose, titanium dioxide.

Contains a source of fish and shellfish.

Remarks

Contains a source of fish and shellfish

FlexiVita® Pro

VITAE®

Nutritional analysis			Nutritional Information		
Per daily intake	(Per 2 capsules)	NRV*	(Per 100 g)	(2 capsules)	
Glucosamine sulphate potassium	500mg		Energy value	297 Kcal (1260 KJ)	5.29 Kcal
Methylsulfonylmethane	400mg		Fat	1.98 g	0.03 g
Chondroitin sulfate	400mg		of which saturated	1.82 g	0.03 g
Silicon (as Bambu tabashir)	21 mg		Carbohydrates	58.21 g	1.52 g
Zinc	4,74 mg	47.4%	of which saturated	<0.20 g	<0.003 g
Manganese	75.1%	1,50mg	Protein	11.61 g	0.21 g
Turmeric	108 mg		Salt	1.41 g	0.02 g
Black pepper extract	6.72 mg				

* Nutrient Reference Value

Additional information

Glucosamine sulfate

Buffering action, helping to avoid pain caused by friction of joints and helps to increase the amount of cartilage and synovial fluid and prevent damage.

Methylsulfonylmethane (MSM)

Natural source of sulfur, analgesic and anti-inflammatory. Increases joint lubrication.

Chondroitin sulfate

Gives cartilage its mechanical and elastic properties. It acts as a vehicle for nutrients and growth factors. Chondroitin sulfate has proved beneficial effect in the treatment of osteoarthritis.

Turmeric (*Curcuma longa*)

Has positive effect on bone remodeling and in improving the mechanical strength of the bone. Effective in reducing pain caused by osteoarthritis due to the ability to reduce inflammation. In the case of rheumatoid arthritis it appears that turmeric could help reduce some of the symptoms of this disease.

Zinc citrate

Has analgesic effect during the early stages of inflammation and is also suitable for the symptomatic relief of certain anti-inflammatory joint diseases.

Manganese gluconate

Helps form connective tissue and bones and is important for calcium absorption. Combined helps reduce bone loss in the spine in older women.

Black pepper extract (*Piper nigrum*): antioxidant, antimicrobial properties, and also anti-inflammatory. Effective for the relief of inflammation, pain and other symptoms of osteoarthritis.

Bamboo

Natural source of silicon. It improves the elasticity of tendons and helps the function of minerals (calcium, magnesium, iron). Essential for re-calcification of the bones.

Notes

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Comfort Cream[®]

100 ml tube



What is Comfort Cream[®]?

Massage cream made from extracts of medicinal plants, almond oil and virgin olive oil.

Helps to favour the correct functioning of joints and to alleviate osteoarticular and muscular tension.



Benefits

- Comfortable application
- Rapid absorption, non-greasy texture
- Contains bambosil, a bamboo component, stimulant of collagen synthesis in bone and connective tissue
- Stringent rules of fabrication
- Formulated by Vitae Natural Nutrition's R+D department



Recommended to

A recommended massage cream to alleviate osteoarticular and muscular tension, and promotes muscle recovery after sports.

- Helps build and maintain healthy joints and ligaments
- Promotes muscle recovery and relaxation
- Helps to provide muscle relief after sports



Directions

Recommended for external use only. Apply through massage twice a day. Do not apply to wounds or damaged skin.

Avoid contact with eyes.

Keep out of the reach of children.

Wash hands after use.

Comfort Cream[®]

VITAE[®]

Ingredients

Aqua, *Olea europaea* (Olive) Fruit Oil, *Prunus amygdalus dulcis* (Sweet Almond) Oil, Paraffinum Liquidum, Cetearyl Alcohol, Glutamine, Glycerin, Phenoxyethanol, Polysorbate, Propylene Glycol, Sodium Cetearyl Sulfate, Glyceryl Stearate, Allantoin, Polyacrylamide, Tocopheryl Acetate, Disodium EDTA, Imidazolidinyl Urea, Acrylates/Vinyl Isodecanoate Crosspolymer, Isoparaffin, Ethylhexylglycerin, *Rosmarinus officinalis* (Rosemary) Leaf Oil, Sodium Hydroxide, Laureth-7, Sodium Phytate, *Harpagophytum procumbens* Root Extract, Bambusa arundinacea Leaf Extract, Potassium Sorbate, Sodium Benzoate, parfum, Linalool, Limonene.

Additional information

Natural formula. With pleasant aroma. Without parabens nor allergens. It can be used as a massage cream for daily use to provide pain relief. Promotes muscle recovery.

Bamboo is a herbaceous plant rich in silica, potassium and fiber which promotes the remineralization process. Silica is important for the growth and development of bone and connective tissue. (Kim MH et al. 2014).

Harpagofito contains moderating properties of the muscular pain. (Göbel H et al. 2001). It reduces notably the sensation of pain. It contains analgesic effects thanks to the aptitude to disable the production of IL1-beta or TNF-alpha, inflammatory cytokines. (Fiebich BL et al. 2012).

Rosemary contains carnosol, one of the majority components of the plant, with anti-inflammatory properties related to the inhibition of the nitric oxide and the inhibition of inflammatory cytokines. Externally applied. It helps the muscular recovery and to relieve the pain. (Emami F et al. 2013)

Glutamine is an amino acid present in a majority form in our organism. After exercise acid levels have decreased significantly, so that an input of glutamine favors the correct recovery of the muscle. It helps to neutralize the effect of acid in the muscle (dos Santos RV. 2009). It contains allantoin. It helps to improve the absorption, acts healing, stimulating and regenerating.

Bibliography:

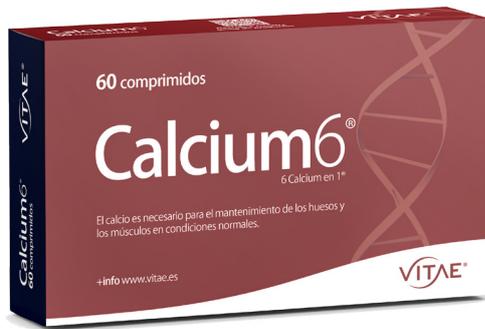
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- Pharmacology of rosemary (*Rosmarinus officinalis* Linn.) and its therapeutic potentials. al-Sereiti MR1, Abu-Amer KM, Sen P. Indian J Exp Biol. 1999 Feb;37(2):124-30

STORE IN COOL AND DRY PLACE.
KEEP OUT OF CHILDREN'S REACH.

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Calcium6®

20 tablets
60 tablets



What is Calcium6®?

Food supplement based on 6 main sources of calcium, phosphorus, vitamin D3 and bamboo dry matter (rich in silicon).

Helps the correct supply of calcium. Calcium is needed for the maintenance of bones and muscles under normal conditions.



Benefits

- Elaborated through MET process or Mineral Easy Transport.
- High efficiency: combination of 6 salts of high quality, bioavailability* and high calcium load*.
- The presence of 6 different salts assures the supply of calcium.
- Provides phosphorus, vitamin D3 and silicon. Phosphorus and Vitamin D contribute to bone maintenance under normal conditions. Vitamin D contributes to absorption and normal use of calcium and phosphorus.
- Salts of natural origin.



Recommended to

- Encourage calcium intake before pregnancy, after breastfeeding and during menopause
- Help people with calcium-poor diets, such as those on low-calcium vegan, vegetarians and lactose intolerant
- Providing calcium for the bones



Directions

Take 2 to 4 tablets a day. Recommended to take with meals with a glass of water.

Ingredients

Calcium hydroxyapatite (from wild fish extract), charge excipient (microcrystalline cellulose), glycerophosphate calcium pidolate, calcium citrate, calcium pidolate, coral algae *Lithotamnium calcareum* powder, calcium carbonate, bamboo tabashir (*Bambusa arundinacea* dry extract) and vitamin D3.

Remarks

DOES NOT CONTAIN GLUTEN / DOES NOT CONTAIN LACTOSE

Nutritional analysis				
Per daily intake	(Per 2 tablets)	NRV*	(Per 4 tablets)	NRV*
Calcium	400 mg	50 %	800 mg	100 %
Vitamin D ₃	2,5 µg (100 UI)	50 %	5 µg (200 UI)	100 %
Phosphorus	141 mg	20,15%	282 mg	40,30 %
Silicon (bamboo tabashir)	30 mg		60 mg	

NRV=Nutrient Reference Values

Nutritional information			
	(Pr 100 g)	(Per 2 tablets)	(Per 4 tablets)
Energy value	772 kJ (182 Kcal)	14 kJ (3,3 Kcal)	28 kJ (6,6 Kcal)
Fat	1,18 g	0,02 g	0,04 g
of which saturated	1,17 g	0,02 g	0,04 g
Carbohydrates	25,84 g	0,47 g	0,94 g
of which saturated	< 0,20 g	< 0,004 g	< 0,01 g
Protein	17,03 g	0,31 g	0,62 g
Salt	2,11 g	0,04 g	0,08 g

Additional information

*Fundamental concepts:

- Salt is the transporter of minerals: minerals are not soluble in water or in lipids. Therefore, they need a salt to be transported.
- Bioavailability: is the amount of active ingredient that is absorbed by the organism and, therefore, available for use in cells and tissues.
- The level of a mineral: is the amount of mineral that contains the salt.

In this way, calcium glycerophosphate is one of the six salts that has the highest bioavailability due to its similarity of composition with phospholipids in the membrane. Hydroxyapatite combines high calcium levels and bioavailability, since it is the microcrystalline form of calcium in human bone. Besides, the hydroxyapatite exerts an antagonistic effect on PTH (parathormone) by inhibiting demineralization of bone.

Calcium (Ca) is an essential mineral for the functioning of our cells. In our organism it can be found in ionic form or forming part of the skeleton:

- Calcium in its free ionic form (Ca²⁺): acts as cofactor in many reactions enzymes (such as those of phosphorylation performed by kinases), is involved in blood clotting and regulates muscle contraction (along with potassium and sodium) and the endocrine and exocrine glands.
- Calcium in the form of hydroxyapatite [Ca₁₀(OH)₂(PO₄)₆]: rigid structure of calcium phosphate that wraps the protein matrix of the bones, protecting them and providing its mechanical and supporting properties

Vitamin D is a group of fat-soluble vitamins, active vitamin D₃ is synthesized in our body through different oxidation reactions, giving rise to the following compounds:

- Calciferol: is synthesized in the skin when taking the sun or we can ingest it with supplements.
- Calcidiol: is a pre-hormone inactive in blood synthesized in the liver.
- Calcitriol: is the active form of vitamin D₃ and is synthesized in the kidneys. Calcitriol's main function is to increase the absorption of calcium in the intestine and reabsorption in the kidneys.

Phosphorus (P) is a mineral, the metabolism of which is interrelated with that of calcium, since most of it is forming the mineral part of the bone. absorption is parallel to that of calcium, depending also on vitamin D₃. An adequate concentration of phosphorus is necessary for a correct mineralization.

In addition, free phosphorus participates in numerous functions, such as muscle contraction, (ATP), forms part of cofactors (NADP) and is involved in enzymatic systems (adenylate cyclase).

Dried bamboo extract is rich in silicon (Si), a mineral that is part of the molecules (proteoglycans, hyaluronic acid, etc.) and the main fibers (collagen and elastin) that form the connective tissue. This is the most important tissue in many of the structures of the locomotor apparatus, such as bones, tendons and ligaments.

In addition, silicon intervenes in the regulation of the processes of cellular division of the connective tissue, activating the repair and renewal.

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Magnesium6®

20 tablets
60 tablets



What is Magnesium6®?

Food supplement based on 6 Magnesium salts combined with vitamin B6 and taurine.
Contributes to the normal functioning of muscles and bones.



Benefits

- Elaborated through MET process or Mineral Easy Transport.
- High efficiency: combination of 6 salts of high quality, bioavailability* and high magnesium level*.
- Presence of 6 different salts assures the contribution of Magnesium.
- Provides vitamin B6 and taurine.
- Salts of natural origin.



Recommended to

- Help in diets low in magnesium.
- Contribute magnesium in people with high mental activity.
- Help neuromuscular activity.
- Promote magnesium intake for sports practitioners.



Directions

Take 2 to 3 tablets a day. It is recommended to take them in the morning and evening, before meals, with a glass of water.

Ingredients

Thickener (microcrystalline cellulose), glycerophosphate of magnesium, marine magnesium, taurine, L-hydolate of magnesium, magnesium citrate, magnesium gluconate, magnesium lactate, pyridoxine hydrochloride (vitamin B6), anti-caking agent (silicon), magnesium stearate

Nutritional analysis	(Per 2 tablets)	(Per 3 tablets)
Per daily intake	NRV*	NRV*
Magnesium	300 mg 80%	450 mg 120%
Vitamin B6	1,4 mg 100%	2,1 mg 150%
Taurine	60 mg	90 mg

*NRV=Nutrient Reference Values

Nutritional information	(Pr 100 g)	(Per 2 tablets)	(Per 3 tablets)
Energy value	1144 kJ (270 Kcal)	25,2 kJ (5,94 Kcal)	37,7 kJ (8,9 Kcal)
Fat	1,92 g	0,04 g	0,06 g
of which saturated	1,92 g	0,04 g	0,06 g
Carbohydrates	60,45 g	1,33 g	2 g
of which saturated	1,44 g	0,03 g	0,05 g
Protein	2,65 g	0,06 g	0,09 g
Salt	0,86 g	0,02 g	0,03 g

Additional information

*Fundamental concepts:

Salt is the carrier of the mineral: minerals are not soluble in water or in lipids. Therefore, they need a salt to be transported.

Bioavailability: is the amount of active ingredient that is absorbed by the body and, therefore, available for use in cells and tissues.

The level of a mineral: is the amount of mineral that contains the salt.

In this way, magnesium glycerophosphate is one of the 6 salts that has the highest bioavailability due to its similarity of composition with membrane phospholipids. In contrast, marine magnesium provides a large magnesium level.

Magnesium (Mg) is an essential mineral for human nutrition. 70% Mineralized in the soft part of bone tissue. Helps to maintain calcium and phosphorus in the bones, facilitates the absorption of calcium and controls its balance, reducing the risk of formation of calcium deposits.

Magnesium plays a key role in the modulation of nerve transmission and muscle contraction, acts as a cofactor in enzymatic processes, in synthesis of proteins (replication, transcription and cell translation) and energy metabolism.

Renal reabsorption is the main form of regulation of magnesium. Therefore, one of the causes of its deficit can be the diuretics, besides an unbalanced diet, intestinal disturbances or high physical activity.

Vitamin B6 or pyridoxine is a water-soluble vitamin of group B, which establishes important synergy with magnesium (it is indispensable in the metabolism of this mineral, which is necessary for the absorption of the vitamin).

Vitamin B6 helps the nervous balance of the organism, intervening in the synthesis of neurotransmitters, such as serotonin and GABA. It also favors muscle performance by helping release the stored glycogen. In addition to promoting well-being of other body systems, such as cardiovascular and immune systems.

Taurine is a neutral amino acid very rich in sulfur. Its synthesis, from methionine and cysteine, it needs vitamin B6 and it is limited, being important its contribution dietary. On the other hand, taurine is a magnesium-sparing amino acid. In times of stress, large amounts of magnesium are lost through the urine. Taurine promotes the reabsorption of magnesium at renal level.

On the other hand, when it binds to magnesium it helps activate the action of serotonin in the brain and can also act as a neurotransmitter collaborating in improving care and concentration and favoring the reduction of stress.

In addition, it promotes the proper functioning of the cardiovascular system, has antioxidant action and participates in cell regeneration.

Magnesium6® IS A FOOD SUPPLEMENT. STORE IN A COOL AND DRY PLACE. KEEP OUT OF THE REACH OF CHILDREN. DO NOT EXCEED THE RECOMMENDED DAILY DOSE. FOOD SUPPLEMENTS ARE NOT SUBSTITUTES OF A BALANCED DIET. A BALANCED, VARIOUS DIET AND A HEALTHY LIFESTYLE IS RECOMMENDED. CONSULT WITH YOUR PHYSICIAN OR PHARMACEUTICAL MANUFACTURER BEFORE STARTING COMPLEMENTATION IN CASE OF PREGNANCY, IF YOU TAKE SOME MEDICATION OR IF YOU SUFFER SOME ILLNESS.

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Vitae Natural Nutrition

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Ferrum6®

20 capsules
60 capsules



What is Ferrum6®?

Food supplement based on 6 main sources iron, folic acid (Vitamin B9) and spirulina. **Helps the correct contribution of iron. Iron contributes to the normal formation of red blood cells and hemoglobin.**



Benefits

- Made through the MET process or Mineral Easy Transport
- High efficiency: combination of 6 salts with great bioavailability * and high iron level *
- The presence of 6 different salts ensures the contribution of iron
- Provides folic acid (vitamin B9) and spirulina (rich in vitamin B12)
- Salts of natural origin



Recommended to

- Help people on iron-poor diets, such as vegan and vegetarian.
- Favor the supply of iron during the womens fertile period (menstruation, postpartum and lactation).
- Help maintain iron levels for those who practice sport.



Directions

Take 2 capsules daily. It is recommended to take one in the morning and one in the evening, before meals with a glass of water. In case of stomach problems it is recommended take the iron with food.

Intake should be avoided with dairy products, coffee, tea or cereals; as they may decrease the absorption of iron.

Ingredients

Spirulina, capsule (fish gelatin), iron bisglycinate, iron pidolate, iron citrate, iron gluconate, iron pyrophosphate, iron lactate, (Vitamin B9), anti-caking agents (silicon dioxide and magnesium stearate).

Remarks

DOES NOT CONTAIN GLUTEN / DOES NOT CONTAIN LACTOSE
Contains a source of fish and soy.

Ferrum6®

VITAE®

Nutritional analysis		
Per daily intake	(Per 2 capsules)	NRV*
Iron	14 mg	100 %
Folic acid (Vitamin B9)	200 µg	100 %
Spirulina	400 mg	

*NRV = Nutrient Reference Value

Nutritional information		
	(per 100 g)	(per 2 capsules)
Energy value	1494 kJ (353 Kcal)	9,71 kJ (2,3 Kcal)
Fat	5,02 g	0,03 g
of which saturated	3,96 g	0,026 g
Carbohydrates	10,20 g	0,06 g
of which sugars	< 0,20 g	< 0,002 g
Protein	66,8 g	0,46 g
Salt	1,64 g	0,011 g

Additional information

*Fundamental concepts:

- Salt is a transporter of minerals: minerals are not soluble in either water or lipids. Therefore, they need a salt to be transported
- Bioavailability: is the amount of active ingredient that is absorbed by the body and therefore available for use in cells and tissues
- The level of a mineral: it is the amount of mineral that contains the salt

In this way, the 6 salts, iron pyrophosphate and iron bisglycinate are the most bioavailable. The first because of its similarity of composition with the membrane phospholipids, and the second to be absorbed intact by the cells of the intestinal mucosa and subsequently hydrolyzed into two components: iron and glycine.

Iron (Fe) is an essential mineral found in all cells of our body and involved in many important chemical reactions. Being its main function that of helping erythrocytes to transport oxygen from the lungs to the cells of the whole body through the blood. Iron is part of hemoglobin - the molecule oxygen carrier in erythrocytes - and myoglobin, which performs the same function in skeletal muscle and heart.

Hemoglobin is a tetrameric protein formed by four subunits: two α and two β . In each subunit we find a heme group (prosthetic group) that contains an atom of iron and a ring of porphyrin. Hemoglobin can be reversibly bound to four oxygen molecules.

Spirulina (*Spirulina maxima*) is a bluish-green, unicellular microalgae of a spiral shape. It has a great nutritional power, emphasizing its high iron content highly bioavailable and vitamin B12.

Vitamin B12 is a water soluble vitamin B group, which helps the formation of erythrocytes and maintenance of the central nervous system.

Vitamin B9 or folic acid is a water-soluble vitamin B group, necessary for protein synthesis and hemoglobin. In particular, it is essential for the heme group. In addition, it is necessary for the synthesis of genetic material (DNA and RNA) and, therefore, for cell division and multiplication.

Notes

Ferrum6® IS A FOOD SUPPLEMENT. KEEP OUT OF CHILDREN'S REACH. DO NOT EXCEED THE STATED DOSE. FOOD SUPPLEMENT SHOULD NOT BE USED AS A SUBSTITUTE FOR A BALANCED DIET. IT IS IMPORTANT TO HAVE A VARIED AND BALANCED DIET AND A HEALTHY LIFESTYLE. BEFORE STARTING THE CONSUMPTION, CONSULT WITH YOUR DOCTOR OR HEALTH CARE PRACTITIONER IN CASE OF PREGNANCY, IF TAKING MEDICINE OR IF SUFFERING FROM A DISEASE.

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Kyolic®

30 tablets

Kyolic® forte

30 or 60 tablets



What is Kyolic® and Kyolic® forte?

Food supplement based on aged organic garlic extract.

Helps maintain cardiovascular system activity and guard the defences.



Benefits

As a result of the exclusive aging process of the garlic, the product obtained the following:

- Does not repeat, without odor, does not produce acidity
- Has the beneficial properties of garlic maximized
- Incorporates new beneficial substances created during the process.

Guaranteed by more than 700 scientific studies.



Recommended for

- Cardiovascular system care and helping to improve blood circulation
- Reinforcing the defences
- Protecting the liver



Directions

Take one tablet twice a day. Recommended to take with meals.

Ingredients

Aged garlic extract, bulking agent (cellulose), Anti-caking agents (magnesium stearate, vegetable silica).

Nutritional table of Kyolic®

Nutritional analysis Daily intake	(per 2 tablets)
Aged garlic extract*	1.200 mg

*extract powder from the bulb

Nutritional Information	(Per 100 g)	(per 2 tablets)
Energy value	1096 kJ (258 kcal)	15.35 kJ (3,62kcal)
Fat	1.07 g	0.015 g
of which saturated	1 g	0.014 g
Carbohydrates	42.86 g	0.06 g
of which sugars	3.64 g	0.051 g
Protein	19.21 g	0.296 g
Salt	0.077 g	0.001 g

Nutritional table of Kyolic® forte

Nutritional analysis Daily intake	(per 1 tablet)
Aged garlic extract*	1.000 mg

*extract powder from the bulb

Nutritional Information	(per 100 g)	(per 1 tablet)
Energy value	1748 kJ (412 kcal)	21.21 kJ (5kcal)
Fat	0.82 g	0.01 g
of which saturated	0.82 g	0.01 g
Carbohydrates	91.5 g	1.11 g
of which sugars	1.65 g	0.02 g
Protein	1.65 g	0.02 g
Salt	0.038 g	0.005 g

Observations

Does not contain gluten / Does not contain lactosa

Consult your doctor if you are taking anticoagulant medication.

Additional information

During the aging the amount of unique substances, S-Allylcysteine (SAC) and S-Allyl-Mercaptocysteine (SAMC) Responsible for the vast majority of beneficial effects of the extract of aged garlic. The final result of the Stable, safe and odorless product.

More than 700 clinical trials guarantee their effectiveness on the one hand and their safety on the other. They show that the administration of aged garlic extract helps improve blood circulation and strengthen the immune system. Aged garlic extract is a preparation based on organic garlic with antioxidant capacity thanks to its components, sulfur helps protect the liver. In addition, during the aging process increase the amount of antioxidant substances.

In **Kyolic®** we ensure that the amount of active ingredient is standardized.

The equivalence of a 1000 mg Kyolic® tablet is about 20 g of raw garlic, i.e., half a head of garlic.

Kyolic®, Kyolic® forte are FOOD SUPPLEMENTS. KEEP OUT OF CHILDREN'S REACH. DO NOT EXCEED THE STATED DOSE. FOOD SUPPLEMENT SHOULD NOT BE USED AS A SUBSTITUTE FOR A BALANCED DIET. IT IS IMPORTANT TO HAVE A VARIED AND BALANCED DIET AND A HEALTHY LIFESTYLE. BEFORE STARTING THE CONSUMPTION, CONSULT WITH YOUR DOCTOR OR HEALTH CARE PRACTITIONER IN CASE OF PREGNANCY, IF TAKING MEDICINE OR IF SUFFERING FROM A DISEASE.

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Kyolic® Extraforte

60ml



What is Kyolic® Extraforte?

Food supplement based on aged organic garlic extract.

Helps maintain cardiovascular system activity and guard the defences.



Benefits

As a result of the exclusive aging process of the garlic, the product obtained the following:

- Does not repeat, without odor, does not produce acidity
- Has the beneficial properties of garlic maximized
- Incorporates new beneficial substances created during the process.

Guaranteed by more than 700 scientific studies.



Recommended for

- Cardiovascular system care and helping to improve blood circulation
- Reinforcing the defences
- Protecting the liver



Directions

Take 2.5 ml twice daily. Recommended to take with meals.

Ingredients

Aged garlic extract, water and residual alcohol.

Kyolic® Extraforte

Nutritional analysis Daily intake	(per 5 ml)	Nutritional Information	(per 100 g)	(5 ml)
Aged garlic extract	5 ml	Energy value	614 kJ (144.91 kcal)	30.7 kJ (7.24kcal)
		Fat	0 g	0 g
		of which saturated	0 g	0 g
		Carbohydrates	30.17g	1.5 g
		of which sugars	6.17 g	0.03 g
		Protein	6.06 g	0.3 g
		Salt	0.081 g	0.004 g

Observations

Does not contain gluten / Does not contain lactosa

Consult your doctor if you are taking anticoagulant medication.

Additional information

- **KYOLIC® Aged Garlic Extract™** begins with 100% organically grown garlic bulbs. They are then aged to perfection in a unique extraction process to eliminate odor and create beneficial compounds found only in **Kyolic**.
- This convenient, high-potency formula supports healthy cholesterol levels and overall heart health.
- Take the **best-KYOLIC® Aged Garlic Extract™**, the most scientifically researched, highest quality and best-selling odorless **Sociable Garlic**

Notes

Kyolic® Extraforte are FOOD SUPPLEMENTS. KEEP OUT OF CHILDREN'S REACH. DO NOT EXCEED THE STATED DOSE. FOOD SUPPLEMENT SHOULD NOT BE USED AS A SUBSTITUTE FOR A BALANCED DIET. IT IS IMPORTANT TO HAVE A VARIED AND BALANCED DIET AND A HEALTHY LIFESTYLE. BEFORE STARTING THE CONSUMPTION, CONSULT WITH YOUR DOCTOR OR HEALTH CARE PRACTITIONER IN CASE OF PREGNANCY, IF TAKING MEDICINE OR IF SUFFERING FROM A DISEASE.

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Kyolic® 105 Cleanse

90 capsules



What is Kyolic® 105 Cleanse?

Food supplement based on aged garlic extract , Green tea, thistle extract, vitamins A, C and E, Amino acids, selenium and glutathione.

Helps to detoxify the organism creating an Anti-aging effect.



Benefits

- All components are scientifically endorsed
- Collaborates in activating of detoxification routes of the organism
- This synergistic combination gives a high antioxidant capacity
- Helps protect against free radicals



Recommended for

- Helping to detoxify the body
- Residents in large cities
- People with high exposure to free radicals
- People with a high level of stress



Directions

Take 3 capsules daily. Recommended to take with meals.

Ingredients

Aged garlic extract, anti-caking agent (*cellulose Microcrystalline*), capsule (gelatin), green tea powder Leaves (*Camellia sinensis*), thistle extract (*Silybum marianum*) (with 80% silymarin), vitamin C (Such as calcium ascorbate), glutathione, vitamin E (as Tocopherylsuccinate), anti-caking agents (silicon dioxide, Magnesium stearate), pine bark extract (*Pinus Spp*), (Proanthocyanidin 95%), grape seed extract (*Vitis Vinifera*) (95% Proanthocyanidin), Beta carotene powder (10% Vitamin A), selenium (as L-Selenomethionine).

Nutritional analysis Daily intake	(per 3 capsules)	NRV*
Vitamin A (beta carotene)	2.3 mg	140%
Vitamin C (calcium ascorbate)	45 mg	56 %
Vitamin E		
(Alpha tocopheryl succinate)	15 mg	125 %
Selenium (L-selenomethionine)	54 µg	98%
Aged garlic extract	600 mg	
Green Tea powder (leaves)	112.3 mg	
Thistle extract**	75 mg	
Glutathione	37.5 mg	
Pine bark extract***	11.3 mg	
Grape seed extract***	11.3 mg	

Nutritional information	(per 100g)	(per 3 capsules)
Energy value	4250kJ (359kcal)	25.45 kJ (6kcal)
Fat	0.9g	0.015g
of which saturated	0.9g	0.015g
Carbohydrates	70.6g	1.18g
of which sugars	1.8g	1.18g
Protein	4.5g	0.075g
Salt	6.3g	0.105g

*NRV (Nutrient Reference Value)

** 80% silymarin ***95% proanthocyanidins

Observations

Does not contain gluten / Does not contain lactosa

Consult your doctor if you are taking anticoagulant medication.

Additional information

Kyolic®105 Cleanse is a food supplement based on aged garlic extract obtained through an exclusive and natural aging process, which takes about 20 months and goes through multiple quality controls. This process favours the modification of some components of raw garlic which result unpleasant and can be irritating to the digestive system. The properties of aged garlic extract are endorsed by more than 700 scientific studies.

Kyolic®105 Cleanse presents a formulation in which the antioxidant properties of aged garlic extract, along with other components exert a synergistic action creating unique detoxifying benefits.

The formulation of **Kyolic®105 Cleanse** is as follows:

- **Aged Garlic Extract:** contains organosulfur compounds that help liver function and have antioxidant action.
- **Vitamin C:** its hydroxyl groups give it a high reducing potential, helping in the direct reduction of free radicals.
- **Vitamin E:** the biologically active form is D-alpha-tocopherol, which has the ability to transfer the phenolic hydrogen to a free radical.
- **Vitamin A:** comes in the form of beta carotene, a precursor carotenoid of vitamin A (provitamin A) with high antioxidant capacity. Each antioxidant has an affinity for certain free radicals, in the case of vitamin E and beta-carotene, its action takes place in the medium Liposoluble cell and is closely linked to lipids.
- **Selenium:** helps the antioxidant capacity by increasing the expression of glutathione peroxidase. It acts synergistically with tocopherols.
- **Green Tea:** helps improve antioxidant defences in plasma, helping to protect lymphocytes against oxidative damage.
- **Pine bark extract:** helps to significantly increase the antioxidant capacity of the plasma as indicated by the ORAC (Absorption Capacity of the Radicals of Oxygen, method to measure the antioxidant capacity of a substance).
- **Grape seed extract:** helps increase the antioxidant capacity of blood serum.
- **Marian thistle extract:** may help improve liver health by decreasing the activity of transaminase aspartate aminotransferase (AST).
- **Glutathione:** combined with selenium maintains normal levels of glutathione peroxidase and increases them when they are low. Reduced glutathione (GSH) is capable of yielding electrons from its sulfhydryl (SH) group to an oxidized species.

Kyolic®105 Cleanse IS A FOOD SUPPLEMENT. KEEP OUT OF CHILDREN'S REACH. DO NOT EXCEED THE STATED DOSE. FOOD SUPPLEMENT SHOULD NOT BE USED AS A SUBSTITUTE FOR A BALANCED DIET. IT IS IMPORTANT TO HAVE A VARIED AND BALANCED DIET AND A HEALTHY LIFESTYLE. BEFORE STARTING THE CONSUMPTION, CONSULT WITH YOUR DOCTOR OR HEALTH CARE PRACTITIONER IN CASE OF PREGNANCY, IF TAKING MEDICINE OR IF SUFFERING FROM A DISEASE.

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Kyolic® 103

45 or 90 capsules



What is Kyolic® 103?

Food supplement based on aged garlic extract, A mixture of mushrooms (Shiitake, Maitake, Poria cocos, Reishi and Agaricus Blazei) and plant extracts (oregano, astragalus and olive).

Helps to improve defences and takes care of the cardiovascular system.



Benefits

- Unique formula
- Combined effect:
 - Helps strengthen defences and additionally favors cardiovascular health care
 - No odor, does not repeat, nor produces acidity



Recommended for

- Reinforcing the defences



Directions

Take 2 capsules, twice a day. Recommended to take with meals

Ingredients

Aged garlic extract, capsule (gelatin), mushrooms (Shiitake, Maitake, *Poria cocos*, Reishi and Agaricus), calcium ascorbate (Vitamin C), extract of astragalus root (*Astragalus Membranaceus*), oregano leaf extract (*Origanum Vulgare*), olive leaf extract (*Olea europaea*), Anti-caking agent (vegetable magnesium stearate).

Nutritional analysis

Daily intake	(4 capsules)
Aged garlic extract	880 mg.
Mixture of mushrooms: (Shiitake, Maitake, <i>Poria cocos</i> , Reishi, and <i>Agaricus Blazei</i>)	300 mg.
Calcium ascorbate (Equivalent to 210mg of Vitamin C) *	280 mg.
Astragalus root extract (<i>Astragalus membranaceus</i>)	200 mg.
Extract of oregano (<i>Origanum vulgare</i>)	200 mg.
Extract of olive leaf (<i>Olea europaea</i>) Oleuropin 18%	160 mg.

Nutritional Information

	(Per 100 g)	(per 4 capsules)
Energy value	1396kJ (329kcal)	33.92 kJ (8kcal)
Fat	2.47g	0.06g
of which saturated	1.65g	0.04g
Carbohydrates	66.7g	1.62g
of which sugars	4.11g	0.1g
Protein	4.93g	0.12g
Salt	26.34g	0.0006g

* Vitamin C: 262.5% of the NRV (Nutrient Reference Value)

Kyolic® 103

VITAE®

Observations

Does not contain gluten / Does not contain lactosa

Consult your doctor if you are taking anticoagulant medication.

Additional information

Kyolic[®]103 is a food supplement based on aged garlic extract obtained through an exclusive and natural aging process, which takes about 20 months and goes through multiple quality controls. This process favours the modification of some components of raw garlic that result unpleasant and can be irritating the digestive system.

Kyolic[®]103 presents a formulation combining the benefits of the aged garlic extract with the properties of different mushrooms and plants. Specifically designed to help the body strengthen its defences, care for the cardiovascular system and improve blood circulation.

The formulation of **Kyolic**[®]103 is as follows:

- **Aged Garlic Extract:** Contains organo sulfur compounds that help strengthen the immune system and help care for and improve blood circulation.
- **Combination of five mushrooms**
- **Shiitake** (*Lentinus edodes*): helps to strengthen the defences.
 - Maitake (*Grifola frondosa*): contains a type of polysaccharide (*beta-D-glucan*) that helps to strengthen the defences.
 - Reishi (*Ganoderma lucidum*): contains different polysaccharides, which help to strengthen the immune system.
 - Poria cocos: used for centuries in traditional Chinese medicine for its properties on the cardiovascular system.
 - Agaricus blazei: contains betaglucans, which help strengthen the immune system.
 - Astragalus root extract (*Astragalus membranaceus*): helps strengthen the defences.
 - Extract of oregano leaf (*Origanum vulgare*): known for its many properties, among which the antioxidant capacity stands out.
 - Olive leaf extract (*Olea europaea*): known mainly for its action on blood pressure.
 - Vitamin C: helps maintain the body's antioxidant capacity.

Kyolic[®]103 IS A FOOD SUPPLEMENT. KEEP OUT OF CHILDREN'S REACH. DO NOT EXCEED THE STATED DOSE. FOOD SUPPLEMENT SHOULD NOT BE USED AS A SUBSTITUTE FOR A BALANCED DIET. IT IS IMPORTANT TO HAVE A VARIED AND BALANCED DIET AND A HEALTHY LIFESTYLE. BEFORE STARTING THE CONSUMPTION, CONSULT WITH YOUR DOCTOR OR HEALTH CARE PRACTITIONER IN CASE OF PREGNANCY, IF TAKING MEDICINE OR IF SUFFERING FROM A DISEASE.

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Customer service: info@vitaeinternational.com – www.vitaeinternational.com



ImmunoVita®

15 or 30 capsules



What is ImmunoVita®?

Food supplement based on Beta-glucan yeast, vitamin D3, vitamin B6 and Zinc.
Helps to maintain the normal functioning of the immune system.



Benefits

- Naturally stimulates the immune response



Recommended for

- All members of the family
- Maintaining proper functioning of the immune system
- Treating recurrent infections
- Combating colds and flu (virus and bacteria)
- Minimizing the lowering of defenses in periods of high stress, both physical and psychological
- Helping to reduce the adverse effects within the window in athletes



Directions

Take 1 capsule daily with water. Adults and children over 12 years.

Ingredients

Purified Beta-1,3 / 1,6-D-glucan extracted from yeast cell wall *Saccharomyces cerevisiae*), microcrystalline cellulose, magnesium stearate, zinc gluconate, cholecalciferol (vitamin D), pyridoxine (vitamin B6).
capsule: Hypromellose.

ImmunoVita®

VITAE®

Nutritional analysis			Nutritional information		
Daily intake	1 capsule	NRV*	(per 100 g)	(per 1 capsule)	
Beta-1,3 / 1,6-D-glucan	250 mg		Energy value	1674 kJ (396 kcal)	9.72 kJ (0,053 kcal)
Vitamin D3	3.75µg	75%	Fat	6.23 g	0.034 g
Vitamin B6	1.05 mg	75%	of which saturated	5.95 g	0.033 g
Zinc	7.5 mg	75%	Carbohydrates	66.26 g	0.36 g
			of which sugars	<0.20 g	<0.001 g
			Protein	18.67 g	0.10 g
			Salt	0.13 g	0.0007 g

* NRV = Nutrient Reference Value

Additional information

Vitamin B6: EFSA (European Food Safety Authority) ensures that Vitamin B6 contributes to a good immune function. It affects humoral immune responses mediated by cells involved in differentiation and maturation of lymphocytes.

The B-glucans in Immunovita are the agonists of CR3.

The efficacy of Beta-glucan yeast fits perfectly into neutrophils and triggers more effective action.

Treatment with Beta-glucan causes a significant increase in the production of lysozyme production and an improvement in general conditions.

Notes

ImmunoVita® IS A FOOD SUPPLEMENT. KEEP OUT OF CHILDREN'S REACH. DO NOT EXCEED THE STATED DOSE. FOOD SUPPLEMENT SHOULD NOT BE USED AS A SUBSTITUTE FOR A BALANCED DIET. IT IS IMPORTANT TO HAVE A VARIED AND BALANCED DIET AND A HEALTHY LIFESTYLE. BEFORE STARTING THE CONSUMPTION, CONSULT WITH YOUR DOCTOR OR HEALTH CARE PRACTITIONER IN CASE OF PREGNANCY, IF TAKING MEDICINE OR IF SUFFERING FROM A DISEASE.

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VitaMin C

10 or 30 tablets



What is VitaMin C?

Food supplement based on vitamin C, green tea extract and piperine extract. **Helps to take part in the normal functioning of the immune system, contributes to cells protection versus oxidative damage and helps to reduce tiredness and fatigue.**



Benefits

- With Stevia
- The piperine extract helps intestinal absorption, favoring bioavailability
- Unique blend



Recommended for

- Iron absorption and contributes to a normal energetic metabolism
- Peak seasons and during periods of tension and/or fatigue
- Winter
- Smokers
- People who practice sports



Directions

Take 1 tablet before meals.

Ingredients

Vitamin C (as ascorbic acid and calcium ascorbate), green tea leaves extract (*Camellia sinensis*) with a minimum polyphenol content of 60%, anti-caking (microcrystalline cellulose, calcium phosphate), anti-caking (magnesium stearate), flavourings (orange essence, xylitol and isomalt), emulsifier (hydroxypropyl methylcellulose), piperine extract (*Piper officinarum* and *Piper nigrum*), sweetener (*Stevia rebaudiana bertonii*).

Nutritional analysis		
Daily intake	(1 tablet)	RDA*
Vitamin C (as ascorbic acid and calcium ascorbate)	500 mg	625%
Green tea extract	300 mg	
Piperine extract	5 mg	

RDA* = Recommended daily allowance

** 60% polyphenols

Nutritional information	(100g)	Daily intake
Protein	4,94 g	0,05 g
Carbohydrate	88,08 g	0,82 g
Fats	2,84 g	0,03 g
Energy	398 kcal (1686 kJ)	3,7 kcal

Additional information

VitaMin C is a water-soluble vitamin. It is an essential nutrient that takes part in many metabolic reactions. Humans eliminate residues which are not metabolized through the urine, so a continuous intake of vitamin C is needed to diet; because, unlike most animals and plants, human beings are unable to synthesize it.

VitaMin C's function within the organism is varied, such as the co-factor in different enzymatic reactions or the participation in hormones' synthesis, but among them immune action is distinguished.

Green tea is obtained from leaves and shoots of the tea plant (*Camellia sinensis*), evergreen shrub or small tree from South and Southeast Asia that nowadays is cultivated around the world. The tea had been used to aid and promote body and mind health for a long time.

Notes

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Vitae Natural Nutrition UK LTD

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Customer service: info@vitaeinternational.com – www.vitaeinternational.com



Buco Vitae®

15 ml bottle with movable spray.



What is Buco Vitae®?

Emulsion for treatment of mouth ulcers based on Sea buckthorn (*Hippophae rhamnoides*) oil of fruit and seeds and hyaluronic acid.

Helps to care for, protect and solve problems within the mouth.



Benefits

- Synergistic effect of Omega 7 and hyaluronic acid
- Results on anti-inflammatory level, analgesic and regenerator of buccal mucosa
- Apt for all patients: children of any age, oncology patients, people who use multiple medication, pregnant women, and diabetics



Recommended for

- Ulcerative stomatitis
- Abrasions by braces
- Small wounds (bites, scrapes, scratches ...)



Directions

Place the tube in horizontal position, insert it inside the mouth and point it toward the desired area. Apply 2 puffs, 3 or 4 times daily. It is advised not to eat or drink at least until 30 minutes after use.

Ingredients

Purified water, sucrose ester, vegetable glycerin, Sea buckthorn oil (*Hippophae rhamnoides*) seed and pulp, xanthan gum, hyaluronic acid (sodium salt), potassium sorbate, anhydrous citric acid, acesulfame, sucralose, flavor.

Nutritional analysis		Nutritional Information		
Per daily intake	(per 2 puffs)	(Per 100 g)	Per 2 puffs	
Sea buckthorn oil	7.95 mg	Energy value	101,82 (422.84 Kjul)	0.3 Kcal
Palmitoleic acid - Ω 7	1,404 mg	Protein	0,001	-
Cis-vaccenic acid - Ω7	0.043 mg	Carbohydrates	7.65 g	20.27 mg
Oleic acid - Ω9	1.59 mg	Sugars	0 g	0 mg
Linoleic acid -Ω 6	1.5 mg	Fat	20.93 g	7.9 mg
Alpha-linolenic acid - Ω 3	0.418 mg	Saturated	5.84 g	15.48 mg
Hyaluronic acid (sodium salt)	0.53 mg	Monounsaturated	1.01 g	2.67 mg
		Polyunsaturated	1.05 g	2.78 mg

Additional information

Mouth sores are a common mild form of mouth ulcers. They are characterized by the appearance of a strange feeling located in the mucosa (paresthesia) with establishment of a erythematous area that quickly suffers central necrosis, leading to a mouth ulcer. There are different kinds of ulcers in shapes and sizes; and although the causes are not known, there are various factors that may contribute to its occurrence: stress, orthodontic appliances, infections, hormonal changes, food allergies and nutritional deficiencies.

Sea buckthorn oil helps nourish, hydrate and supports rehabilitation and protection of mucous from within. It has anti-inflammatory and analgesic properties on mucous membranes. It has been shown that vitamin A may improve the condition of the oral mucosa and prevent recurrences. Sea buckthorn oil contains vitamin A, and therefore could contribute in this regard.

Hyaluronic acid ensures immediate pain relief and promotes healing of mouth ulcers. It helps heal the sore and relieves pain. It facilitates adhesion and epithelial healing. It is lubricant, regenerating, healing, anti-inflammatory, bacteriostatic and protective layer against infections, due to high water absorption capacity.

With regard to its mechanism of action, hyaluronic acid forms a protective film which adheres to the oral cavity as a mechanical barrier (effect of second skin) on the affected areas, relieving pain, caused by exposed nerve endings, almost immediately.

Notes

Buco Vitae® IS A FOOD SUPPLEMENT. KEEP OUT OF CHILDREN'S REACH. DO NOT EXCEED THE STATED DOSE. FOOD SUPPLEMENT SHOULD NOT BE USED AS A SUBSTITUTE FOR A BALANCED DIET. IT IS IMPORTANT TO HAVE A VARIED AND BALANCED DIET AND A HEALTHY LIFESTYLE. BEFORE STARTING THE CONSUMPTION, CONSULT WITH YOUR DOCTOR OR HEALTH CARE PRACTITIONER IN CASE OF PREGNANCY, IF TAKING MEDICINE OR IF SUFFERING FROM A DISEASE.

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OlioVita® Balm

Tube of 10 ml



What is OlioVita® Balm?

Repairing lip balm with sea buckthorn extract (*Hippophae rhamnoides*), Centella Asiatica extract (*Centella asiatica*), hyaluronic acid and aloe vera (*Aloe vera*).

Nourishes, repairs and protects dry and cracked lips as well as irritated nose, due to its regenerating function on the skin.



Benefits

- Moisturizing
- Antioxidant
- Healing
- Contributes visibly to a healthy skin



Recommended for:

- Dry and cracked lips as well as irritated nose



Directions

Apply on lips and nose, according to need.

Do not apply on ulcers, open or infected wounds. Avoid contact with the eye.

Dermatologically tested

Ingredients

Paraffinum Liquidum (Mineral Oil), Petrolatum, Lanolin, Distearidimonium Hectorite, Paraffin, Theobroma cacao (Cocoa) Seed Butter, Sesamum indicum (Sesame) Seed Oil, Propylene Carbonate, Aloe barbadensis Leaf Extract, Ethylhexyl Palmitate, Centella asiatica Callus Conditioned Media, Glycerin, Aroma (Flavor), Hippophae rhamnoides Fruit Extract, BHT, Propylene Glycol, Silica Dimethyl Silylate, Butylene Glycol, Gluconolactone, Ascorbyl Palmitate, Glyceryl Stearate, Caprylyl Glycol, Hexylene Glycol, Phenoxyethanol, Citric Acid, Sodium Benzoate, Sodium Hyaluronate, Calcium Gluconate.

Additional information

Active ingredients

SEA BUCKTHORN EXTRACT (*Hippophae rhamnoides*)

- Hydrates and promotes regeneration and protection of lips and nose
- Antibacterial activity for its content in linoleic and oleic acid

ALOE VERA EXTRACT (*Aloe vera*)

- Anti-inflammatory activity
- Antioxidant activity due to its phenolic compounds
- Antibacterial and antifungal

CENTELLA ASIÁTICA EXTRACT (*Centella Asiatic*)

- Healing activity
- Anti-inflammatory and antioxidant activity
- Hydrating activity

HYALURONIC ACID

- Contributes to skin regeneration and helps to accelerate the healing of micro wounds
- It has a triple action: lubricates, moisturizes and hydrates

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OlioVita® Íntima

Tube of 30 ml



What is OlioVita® Íntima?

Intimate care cream for external application with sea buckthorn extract (*Hippophae rhamnoides*), mallow extract (*Malva sylvestris*), argan oil (*Argania spinosa*), sesame oil, hyaluronic acid and soothing peptides.

Helps to respect the physiological balance of the area and reinforces the natural barrier function of the skin, with an emollient and softening effect which contributes to your comfort.



Benefits

- Synergistic action between all ingredients
- Does not contain parfum or parabens



Recommended for:

- Relieving genital dryness
- Alleviating discomfort * and itching in the intimate area
- Helping the recovery of the barrier function



Directions

Apply in the external genital area 2 or more times a day, according to need. Do not apply on ulcers, open or infected wounds. Wash hands after use. Avoid contact with the eyes.

Ingredients

Aqua (Water), PEG-6 Stearate, Caprylic/Capric Triglyceride, Argania spinosa Kernel Oil, Sesamum indicum (Sesame) Seed Oil, Paraffinum Liquidum (Mineral Oil), Glycol Stearate, PEG-32 Stearate, Butylene Glycol, Glycerin, Phenoxyethanol, Chlorphenesin, Tocopheryl Acetate, Polyacrylamide, Hippophae rhamnoides Fruit Extract, Sorbic Acid, Malva sylvestris (Mallow) Flower Extract, C13-14 Isoparaffin, Triethanolamine, Sodium Hyaluronate, Citric Acid, Laureth-7, Potassium Sorbate, Sodium Benzoate, BHT, Acetyl Hexapeptide-49, Ascorbyl Palmitate.

* No perfume or parabens

Additional information

Ingredients

ARGAN OIL (*Argania spinosa*)

With moisturizing action due to its content of unsaturated fatty acids intensely nourishes due to the high content of vitamins C and E. Has a beneficial effect on skin hydration by restoring the barrier function and maintain the hydrating capacity of the skin in postmenopausal women.

MALLOW EXTRACT (*Malva sylvestris*)

Acts as a protector of skin and mucous membranes because of the mucilage and flavonoids content. It has a topical anti-inflammatory action of the skin and mucous membranes, and is indicated for irritated, sensitive or dry skin.

SEA BUCKTHORN EXTRACT (*Hippophae rhamnoides*)

Analgesic and anti-inflammatory, nourishes, moisturizes and promotes regeneration and protection. Improves health of the urogenital tract.

SESAME OIL (*Sesamum indicum oil*)

Antibacterial and antifungal activity.

HYALURONIC ACID

Contributes to skin regeneration and helps speed up healing. Its dual action as lubricant and moisturizer thanks to its high moisturizing action, significantly improves vaginal hydration.

CALMING PEPTIDES

- Relieves itching on sensitive skin
- Restores the barrier function
- Reduces inflammation

STORE IN COOL AND DRY PLACE.
KEEP OUT OF CHILDREN'S REACH.

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OlioVita® Sun

30 capsules



What is OlioVita® Sun ?

Food supplement based on sea buckthorn oil (contains omega 7), vitamin D, grapefruit and rosemary dry extract.

Helps to protect and repair from the harmful effects of the sun avoiding photo-aging and sun spots. Provide nutrition and hydration.



Benefits

- Uniform protection for the whole body 24 hours a day, every day
- Synergistic effect of sea buckthorn oil, grapefruit and rosemary extract
- Repairs the skin of damages accumulated by the harmful effects of the sun
- Does not prevent tanning
- Contains 100% of Vitamin D NRV
- The QNP™ technology used in the manufacturing of the capsules offers guaranteed stability



Recommended for:

- Protect skin against UVA, UVB, IR, Visible
- Reduce the effects of photo-aging and sunspots
- Palliate allergies / solar intolerances
- Provide hydration, nutrition, elasticity and firmness to the skin



Directions

Take one capsule daily. For prolonged exposure take two capsules a day.

Ingredients

Sea buckthorn oil, (*Hypophae rhamnoides*), capsule (Hydroxypropylmethylcellulose), Grapefruit dry extract (*Citrus paradisi*, fruit) and Rosemary (*Rosmarinus officinalis*, leaves, minimum 35% polyphenols), anticaking agent (silicon dioxide), vitamin D3 (Colecalciferol).

Nutritional analysis	(per 1 capsule)	NRV*
Sea buckthorn oil	500 mg	
Vitamin A (Beta-carotene)	0.20 mg	25%
<i>Citrus paradisi</i> and <i>Rosmarinus officinalis</i> dry extract (polyphenols)	50 mg	
Vitamin D3	17.5 mg	100%
	5 µg	

Nutritional Information	(Per 100 g)	(per 1 capsule)
Energy value	3223 kJ (781 Kcal)	17.72 kJ (4.29 Kcal)
Fat	78.3 g	0.43 g
Saturated	21.10 g	0.12 g
Carbohydrate	19.15 g	0.105 g
Sugars	<0.20 g	<0.001 g
Protein	<0.50 g	<0.0027 g
Salt	0.07 g	0.00039 g

*Nutrient Reference Values

Remarks

Does not contain gluten or lactose.
Suitable for pregnant women.

Additional information

- **Grapefruit and rosemary extract:** Natural technology with extracts of high quality and synergistic effect, have demonstrated efficacy in: prevention of cell damage (oxidative damage), protection against allergies, prevention of sunburn and redness, prevention of Photo aging, increased elasticity of the skin.
- **Sea buckthorn oil:** The omega-7 present in sea buckthorn oil has proven efficacy in: strengthening, moisturizing and renewing the skin, reducing roughness and increasing skin elasticity.
- **Vitamin D:** Directly related to the sun: the body synthesizes it when exposed to solar radiation (a minimum exposure of 30-45 minutes per week is established). Its supplementation is recommended as topical sunscreens prevent absorption and its deficiency is related to prostate, colon, breast cancer and bone diseases.

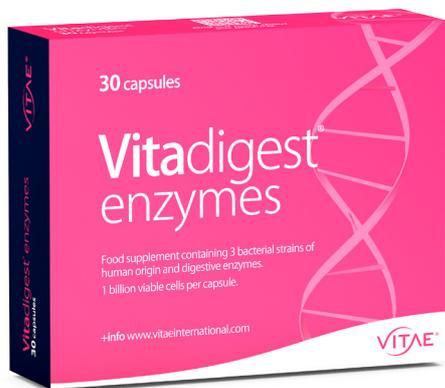
Notes

OlioVita®Sun IS A FOOD SUPPLEMENT. KEEP OUT OF CHILDREN'S REACH. DO NOT EXCEED THE STATED DOSE. FOOD SUPPLEMENT SHOULD NOT BE USED AS A SUBSTITUTE FOR A BALANCED DIET. IT IS IMPORTANT TO HAVE A VARIED AND BALANCED DIET AND A HEALTHY LIFESTYLE. BEFORE STARTING THE CONSUMPTION, CONSULT WITH YOUR DOCTOR OR HEALTH CARE PRACTITIONER IN CASE OF PREGNANCY, IF TAKING MEDICINE OR IF SUFFERING FROM A DISEASE.

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Vitadigest® enzymes

15 or 30 capsules



What is Vitadigest® enzymes?

Food supplement containing 3 bacterial strains present in the human body and digestive enzymes. **Helps regenerate the beneficial intestinal flora. Provides digestive enzymes (protease, lactase, lipase and amylase) to help improve the digestion of food.**



Benefits

- Unique combination of bacterial strains and digestive enzymes
- Does not need refrigeration
- Concentration of viable bacteria guaranteed at the time of consumption
- Increased capacity to colonize and multiply in the intestine



Recommended for

- Facilitating digestion (large meals)
- Improving intestinal transit
- Travelling
- Daily use



Directions

Take 1 capsule twice a day, recommended with meals.

Ingredients

Lactobacillus gasseri KS-13, *Bifidobacterium G9-1 bifidum*, *Bifidobacterium longum* MM-2, enzyme complex (Protease, Lactase, Lipase and Amylase), Corn starch, dextrin, calcium carbonate, silica and magnesium stearate. Capsule: gelatin.

Remarks

Does not contain preservatives, sugar, sodium, milk, yeast, gluten, artificial flavors or colors.

Nutritional analysis (for 2 capsules)	Per daily intake of living cells(*)
Mixture of beneficial bacteria	2 billion
Lactobacillus gasseri, (formerly L. acidophilus) KS-13	1,6x10 ⁹
Bifidobacterium bifidum G9-1	0,2x10 ⁹
Bifidobacterium longum MM-2	0,2x10 ⁹
Enzymatic Complex:	
Protease-140 mg + Lactase-70 mg + Lipase-50 mg + Amilase -50 mg	310 mg

(*) Guaranteed at the time of consumption

Nutritional information	(per 100g)	(per 2 capsules)
Energy value	907 kJ (217 Kcal)	8,35 kJ (2 Kcal)
Fat	0 g	0 g
Saturates	0 g	0 g
Carbohydrate	60,87 g	0,56 g
Sugars	4,35 g	0,04 g
Protein	15,22 g	0,14 g
Salt	0,17 g	1,56 mg

Additional information

The bacteria:

***Lactobacillus gasseri* KS-13**

- Colonizes the small intestine
- Facultative anaerobic gram-positive bacteria
- Helps absorb and metabolize lactose and improve intestinal transit

***Bifidobacterium bifidum* G9-1:**

- Colonizes the end of the small intestine and the beginning of the large
- Anaerobic gram-positive bacteria
- Helps with the formation of various B vitamins and enzymes

***Bifidobacterium longum* MM-2:**

- Colonizes the end of the large intestine
- Anaerobic gram-positive bacteria
- As a result of metabolism promotes the release of lactic acid and other substances

The enzymes:

Protease: Hydrolytic enzyme that breaks down proteins. Helps facilitate digestibility and bioavailability of proteins.

Lactase: Enzyme that helps digest lactose.

Lipase: Essential enzyme for digestion of lipids which fragments into fatty acids and glycerol and helps allow absorption of these nutrients. Helps facilitate digestion.

Amylase: Enzyme that helps digest carbohydrates, especially starch. Which occurs physiologically in the pancreas and salivary glands.

Vitadigest® enzymes IS A FOOD SUPPLEMENT. KEEP OUT OF CHILDREN'S REACH. DO NOT EXCEED THE STATED DOSE. FOOD SUPPLEMENT SHOULD NOT BE USED AS A SUBSTITUTE FOR A BALANCED DIET. IT IS IMPORTANT TO HAVE A VARIED AND BALANCED DIET AND A HEALTHY LIFESTYLE. BEFORE STARTING THE CONSUMPTION, CONSULT WITH YOUR DOCTOR OR HEALTH CARE PRACTITIONER IN CASE OF PREGNANCY, IF TAKING MEDICINE OR IF SUFFERING FROM A DISEASE.

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Vitadigest® one per day

15 or 30 capsules

Kid's Vitadigest®

15 or 30 chewable tablets



What is Vitadigest®?

Food supplement containing three bacterial strains present in the human body.
Helps regenerate the beneficial intestinal flora and strengthen defenses.



Benefits

- Does not need refrigeration
- Concentration of viable bacteria guaranteed at the time of consumption
- Increased capacity to colonize and multiply in the intestine



Recommended for

- Daily use
- Travelling
- Improving intestinal transit



Directions

Take 1 capsule daily, recommended with meals.

Ingredients

Lactobacillus gasseri KS-13, *Bifidobacterium bifidum* G9-1, *Bifidobacterium longum* MM-2, potato starch, silicon dioxide. Capsule: gelatin.

Nutritional analysis For daily intake	(per 1 capsule) living cells(*)
Mixture of beneficial bacteria	3 billion
<i>Lactobacillus gasseri</i> , (formerly <i>L. acidophilus</i>) KS-13	$2,4 \times 10^9$
<i>Bifidobacterium bifidum</i> G9-1	$0,3 \times 10^9$
<i>Bifidobacterium longum</i> MM-2	$0,3 \times 10^9$

(*) Guaranteed at the time of consumption

Nutritional information	(per 100g)	(per 1 capsule)
Energy value	1573,9 kJ (376 Kcal)	12,55 kJ (3 Kcal)
Fat	0 g	0 g
Saturates	0 g	0 g
Carbohydrate	79,14 g	0,63 g
Sugars	1,25 g	<0,01 g
Protein	1,25 g	0,01 g
Salt	0,63 g	0,50 mg

Vitadigest® one per day

Kid's Vitadigest®

15 or 30 chewable tablets

Ingredients

Lactobacillus gasseri KS- 13, *Bifidobacterium bifidum* G9-1, *Bifidobacterium longum* MM-2, fructose, dextrin, calcium carbonate, talc, flavor (vanilla), magnesium stearate.

Nutritional analysis For daily intake

	(1 tablet) living cells(*)
Mixture of beneficial bacteria	1 billion cells
<i>Lactobacillus gasseri</i> , (formerly <i>L. acidophilus</i>) KS-13	0,750x10 ⁹
<i>Bifidobacterium bifidum</i> G9-1	0,125x10 ⁹
<i>Bifidobacterium longum</i> MM-2	0,125x10 ⁹

(*) Guaranteed at the time of consumption

Nutritional information	(per 100g)	(1 tablet)
Energy value	1856 kJ (444,4 Kcal)	8,35 kJ (2 Kcal)
Fat	2,22 g	0,01 g
Saturates	0 g	0 g
Carbohydrate	82,22 g	0,37 g
Sugars	35,5 g	0,16 g
Protein	2,22 g	0,01 g
Salt	0,040 g	0,0002 g

Directions

Chew 1 tablet per day. Recommended just before meals.

For children under 4 years grind and mix half a tablet daily with food or juice.

Additional information

Vitadigest one per day and **Kid's Vitadigest** are probiotics obtained by cultivating three bacterial strains present in the human body, these strains are:

- *Lactobacillus gasseri*, bacteria that colonizes the small intestine. It helps absorb and metabolize lactose forming lactic acid, hydrogen peroxide amongst others, helping to improve the intestinal transit.
- *Bifidobacterium bifidum*, bacteria that colonizes the final section of the small intestine and the first part of the large intestine. It helps synthesize several B vitamins and enzymes.
- *Bifidobacterium longum*, bacteria colonizing the large intestine. As a result of metabolism favors the release of lactic acid and other substances.

The digestive tract of mammals is different according to the species and therefore the intestinal flora is too. Each mammal has a subspecies of bacteria adapted to the intestine, temperature resistant and specific pH of the digestive tract. That is why human origin of the bacterial strains is so important.

Vitadigest® one per day and **Kid's Vitadigest®** IS A FOOD SUPPLEMENT. KEEP OUT OF CHILDREN'S REACH. DO NOT EXCEED THE STATED DOSE. FOOD SUPPLEMENT SHOULD NOT BE USED AS A SUBSTITUTE FOR A BALANCED DIET. IT IS IMPORTANT TO HAVE A VARIED AND BALANCED DIET AND A HEALTHY LIFESTYLE. BEFORE STARTING THE CONSUMPTION, CONSULT WITH YOUR DOCTOR OR HEALTH CARE PRACTITIONER IN CASE OF PREGNANCY, IF TAKING MEDICINE OR IF SUFFERING FROM A DISEASE.

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Vitanadh[®] Express

10 or 30 sublingual tablets



What is Vitanadh[®] Express?

Food supplement based on NADH (CO-E1). Sublingual absorption.
Helps to provide fast energy for the entire body.



Benefits

- Immediate energy availability
- Fosters the production of cellular energy and neurotransmitters
- Does not create hyper activeness, neither generate habit or dependency
- Scientifically endorsed



Recommended for

- Professional and amateur sport competitions
- Exam periods
- Peak workload
- Conferences and meetings
- Travels



Directions

Take 1 tablet a day, one hour before the start of activity.
Intake preferably before mealtime. Place tablet under the tongue until its complete dissolution.

Ingredients

NADH in the reduced form, D-mannitol, sodium bicarbonate, Kollidon[®], Fresh mint aroma, magnesium stearate, microcrystalline cellulose.

Remarks

No side effects nor the interaction with any other treatment has been identified. Tested studies by the FDA (Food and Drug Administration).

Free from preservatives, sugar, sodium, yeast, artificial flavors and colourings and gluten.
Suitable for vegetarians.

Nutritional analysis		Nutritional information	(100g)	Daily intake
One daily intake				(1 tablet)
NADH	(1 tablet) 10 mg	Energy	336 kcal (1333,35 kJ)	0,534 kcal
		Protein	0 g	0 g
		Carbohydrate	73,33 g	0,116 g
		Fats	0 g	0 g

Additional information

Vitanadh® Express is a food supplement with NADH. The benefits of this substance have been widely studied; nevertheless, it hasn't been until today that such a stable product which can be orally administered, has been achieved.

NADH is a molecule present in the metabolism of all living cells. NADH acts as the mediator of many enzyme reactions. NADH helps to improve the production of energy, also known as ATP, helps to increase synthesis of neurotransmitters and has a powerful antioxidant action, either by itself or recycling other antioxidant substances such as vitamin C or superoxide dismutase that are naturally found in our organism.

Vitanadh® Express contains NADH, which is sublingually absorbed. In this way, absorption in the buccal mucosa is immediate and provides instant energy to the organism.

Vitanadh® Express taken 1 hour before the start of physical activity strengthens the muscle; provides resistance and a higher capacity of recovery. **Vitanadh® Express** is ideal for athletes and people practicing sport to increase physical performance and reduce time of recovery.

Vitanadh® Express is a product designed to help people whose lifestyle requires a higher quantity of energy.

Notes

Vitanadh® Express IS A FOOD SUPPLEMENT. KEEP OUT OF CHILDREN'S REACH. DO NOT EXCEED THE STATED DOSE. FOOD SUPPLEMENT SHOULD NOT BE USED AS A SUBSTITUTE FOR A BALANCED DIET. IT IS IMPORTANT TO HAVE A VARIED AND BALANCED DIET AND A HEALTHY LIFESTYLE. BEFORE STARTING THE CONSUMPTION, CONSULT WITH YOUR DOCTOR OR HEALTH CARE PRACTITIONER IN CASE OF PREGNANCY, IF TAKING MEDICINE OR IF SUFFERING FROM A DISEASE.

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Vitanadh[®] Double Express

10 sublingual tablets



What is Vitanadh[®] Double Express?

Food supplement based on NADH (CO-E1). Sublingual absorption.
Helps to provides fast energy for the entire body.



Benefits

- Immediate energy availability
- Fosters the production of cellular energy and neurotransmitters
- Does not have create hyper activeness, neither creates habit nor dependence
- Scientifically endorsed



Recommended for

- Jet lag
- Exams
- Peak workload
- Conferences and meetings
- Public presentations



Directions

Take 1 tablet, one hour before the start of activity.
Intake preferably before mealtime. Place tablet under the tongue until its complete dissolution.

Ingredients

NADH in the reduced form, loading agent (D-mannitol), acidity corrector (sodium bicarbonate), cover (Kollidon[®]), flavouring (fresh mint aroma), loading agent (microcrystalline cellulose).

Remarks

No side effects nor the interaction with any other treatment has been identified. Tested studies by the FDA (Food and Drug Administration).

Free from preservatives, sugar, sodium, yeast, artificial flavors and colourings and gluten.
Suitable for vegetarians.

Nutritional analysis		Nutritional information	(100g)	Daily intake
One daily intake	(1 tablet)	Protein	0 g	0 g
NADH	20 mg	Carbohydrate	67,9 g	0,11 g
		Fats	0 g	0 g
		Energy	311,11 kcal (1234,58 kJ)	0,504 kcal

Additional information

Vitanadh® Double Express is a food supplement with NADH. The benefits of this substance have been widely studied; nevertheless, it hasn't been until nowadays that such a stable product that can be orally swallowed has been achieved.

NADH is a molecule present in the metabolism of all living cellules. NADH acts as the mediator of many enzyme reactions. NADH helps to improve the production of energy, also known as ATP, helps to increase synthesis of neurotransmitters and has an antioxidant powerful action, either by itself or recycling other antioxidant substance such ad vitamin C or superoxide dismutase that are naturally found in our organism.

Vitanadh® Double Express contains NADH, which is sublingually absorbed. In this way, absorption in the buccal mucosa is immediate and provides instant energy to the organism.

Vitanadh® Double Express taken 1 hour before the start of physical activity strengthens the muscle; provides resistance and a higher capacity of recovery. **Vitanadh® Double Express** is ideal for athletes and people practicing more or less sport to increase physical performance and reduce time of recovery.

Vitanadh® Double Express is a product designed to help people whose lifestyle requires a higher quantity of energy.

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